

Telesupervision Contract

1. The expectation is that the supervisee will schedule and prepare for supervision in the same way as they did or would have for face-to-face and that frequency of supervision, requirements, expectations, will be the same.
2. The expectation is also that all aspects of the Ethical Principles of Psychologists and Code of Conduct (APA, 2017) will be upheld in the provision of Telehealth services.
3. The supervisor availability for emergencies/crises through email, text messaging, and phone will remain the same as in face-to-face supervision.
4. The supervisor will ensure a safety plan is available for each client, and the supervisee identifies and documents where the client is physically located for the session. Specifically, the supervisor and trainee will discussed how to respond to crisis situations during Telehealth sessions.
5. The client will be informed that the supervisee is under supervision with the specific supervisor and that supervision takes place over a HIPAA compliant Telehealth platform. The supervisor is privy to information shared in Telehealth sessions and is responsible for all aspects of client care.
6. When the supervisor joins Telehealth sessions to observe the therapist, client's verbal consent will be obtained and documented in advance (unless the situation involves a clinical emergency/crisis); debriefing with the supervisee will occur as close to the observation as possible.
7. For telehealth, and Telesupervision, it is essential that the supervisee have a secure, value neutral, quiet environment, free from distractions to ensure quality care and confidentiality.
8. The supervisor and supervisee agree to consider the following when arranging for Telehealth and Telesupervision:
 - a. Privacy/Security of Space: Closed windows & blinds, locked door, which personal items are visible to the client (e.g., pictures, art, pets, etc.), headphones to help ensure privacy, password protected devices (logging out/closing browser windows when session is completed).
 - b. Internet Capabilities: High speed internet.
 - c. Lighting /Aesthetics: Lighting in front of you, not behind you, avoid narrow stripes/zigzag patterns as they may blur in video format, avoid clutter in background.
 - d. Reduce Distractions: Reduce indoor and outdoor sounds, discuss privacy needs with housing partners
9. The supervisor and supervisee will review how to respond to challenging situations in Telehealth: Client shows up to session in bed, not appropriately groomed or dressed, eating or drinking inappropriately (e.g., substance use, eating a large meal), has other people present or audible during session, is frequently late or forgets their appointment, is driving during session, is watching TV, receiving/responding to texts/messages/emails or appears distracted during session, has

illegal or concerning paraphernalia visible (e.g., guns, drugs), is intoxicated, presents for the session in a public space without sufficient privacy.

10. The expectation is that the supervisee will disclose to the supervisor in supervision client interaction, personal emotional response, and nonverbal communication observed and experienced, including challenges and reactions to Telehealth.
11. The supervisor will provide a plan to manage technological difficulties or interruptions in service both for Telehealth sessions and for Telesupervision.
12. Telehealth and supervision will be conducted in compliance with all the jurisdictional regulations.

Trainee Name:

Trainee Signature:

Supervisor Name

Supervisor Signature:

From Falender & Shafranske, 2021